

Clinic Policy

Introduction

The health and safety of students at Brilliant International Private School is of great importance. The school clinic is well staffed with a part time medical doctor and two fulltime nurses, registered and licensed with the Ministry of Health. We endeavor to work in partnership with our parents to meet the aims set out in this policy and the best interest of the child is considered at all times.

The aims of this policy are:

- If children are unwell while at School, they will be cared for in the clinic until collected by a parent or guardian.
- The clinic team provides first aid to sick and injured students during school hours and refers students for follow up with a medical practitioner or to emergency services (if needed)
- The clinic is well equipped with a nebulizer and oxygen apparatus, which all help provide appropriate medical first aid response.
- That we abide by the guidelines in this policy which is used for the prevention of infection within the School.
- For parents to be aware of how to notify the school if your child has been unwell and will not be attending on that day.
- For staff to know what to do if they suspect a child is unwell, (Procedures for the clinic) or has an infectious disease.
- To give guidelines for communicable diseases and illnesses within the School and the actions to be taken.
- Provide basic first aid training for staff for physical and medical needs within school.

How to notify the School if children have been unwell and will not be attending on that day:

- If your child is unwell and will not be attending School please contact the School reception or the section Student Affairs Supervisor
- If your child has been unwell the previous day or night, please inform the teacher when dropping off your child or visit the nurse in the clinic. If your child is coming by school bus, please inform the nanny.
- If your child has had any medicine before coming to school, it is of vital importance that the Teacher/School nurse is informed of the time and dose given. If the Nurse feels the child requires another dose during their day at school we will recommend that they are taken home.

- If your child has been sent home with a suspected infectious disease (e.g. chicken pox) it is important to update the Teacher and School Nurse after any doctor's appointments so that we can monitor the situation within the school.

Administration of Medication

To ensure the safety of all students within the school premises, the following guidelines should be followed when medication is sent to school:-

- Administration of prescription and over the counter medicines is discouraged.
- If a medication has to be given during School hours, a doctor's prescription is required with the medicine in its original packaging and labeled with the child's name and class, the dosage and the time given last.
- All medication, both prescription and over the counter, must be brought to school by the parent or guardian and deliver it to the clinic. Parents may also give permission through the school diary and hand the medicine to the bus nanny.
- The clinic is well stocked with necessary medicines which will be dispensed to those in need after parents have completed the School Health General Consent Form.
- Children who have been prescribed a course of anti-biotic will not be allowed to attend School until 24 hours after commencing the course. This is to allow time for the anti-biotic to take effect and to ensure there is no adverse reaction to the medication. Clinic must check the prescription date on the medication when accepting it.
- If your child has a condition such as allergies, asthma, epilepsy or diabetes, please provide labeled emergency medicine (Epi-pen, inhalers, anti-epileptic, Insulin, etc.) to the school clinic. Students who fail to bring in emergency medicine will be asked to stay at home for their safety.
- Children are not allowed to carry medicines (with the exception for asthma inhalers) in their bag with their name on it and should only take medicine in supervision of a school nurse.

Physical Examination

As part of the Ministry of Health regulations, the school doctor is required to conduct a non-invasive medical examination that includes screening of vision, hearing and head to foot examination of students. The results of the examinations are documented in the School Health Record. Any findings requiring additional follow up or referrals will be reported to the parents using the referral form.

Medical Forms

- Prior to your child's admission to the School you will be required to complete a medical form available in the admissions pack. It is important that the School is

made aware of any medical condition that your child has or if they are receiving any medication/treatment. Attach any medical reports to the student's file.

- Re-registration will require all parents to update all details especially telephone numbers in case of an emergency and supply any medical reports and emergency medication.
- Please update the clinic of any change in your child's medical/surgical history or any recent allergies discovered and of any change in your contact details.

Accidents and Emergency

- In case your child requires emergency treatment, all efforts will be made to contact you. If contact is not possible, the school doctor will administer appropriate emergency treatment and if needed an ambulance will be called to transfer your child to the hospital.
- Please inform the clinic if you suspect an injury or illness e.g. fainting, head injury, fractures/dislocations. If you feel concerned about any problem, please contact the clinic.

Immunization

Parents are required to submit a photocopy of their child's updated vaccination documents to the clinic for record purposes prior to starting the School. The nurse will check the vaccination record and let parents know if any vaccination of your child is due.

Sickness Policy

A sick child is not able to function effectively in School and should rest at home until fully recovered.

If a child develops a fever above 37.5C during school hours, parents will be contacted and requested to take the child home. Students may return to school if they are 24 hours without using fever-reducing medications such as Panadol, or Adol

Contagious illness

- The MOH has clearly documented guidelines for those conditions which require exclusion from the School. The conditions commonly seen are: Conjunctivitis, Head Lice, Chicken pox, Gastroenteritis, Hand Foot and Mouth Disease, Measles, Mumps etc. However, the list is not limited to the above mentioned conditions.
- If a student develops vomiting and/or diarrhea, he/she should be seen by a doctor and rest at home for the duration of illness or if necessary admitted to the hospital.
- Children with conditions that require exclusion from the School like chicken pox, measles, mumps, and conjunctivitis should be rested and cared for at home and may only return when they are no longer contagious. The infectivity period for each condition varies. Upon returning a medical certificate from the attending physician must be provided or the child must first be assessed by the school

doctor. If the child is still considered to be a possible source of infection, parents will be asked to take them home.

To further reduce the spread of infection please do not send your child to School if they have:

- A suspected contagious rash
- Heavy nasal discharge
- Red, sticky eyes
- Persistent cough
- Vomiting and diarrhea (return to school only when symptom free for at least 24 hours)

EXCLUSION FROM SCHOOL (AS PER MOH GUIDELINES)

Disease or condition	Incubation period	Exclusion of cases
Chickenpox	From two to three weeks; usually 13-17 days	Until at least 5 days from the appearance of rash, or until receipt of medical certificate Of recovery from infection.
Conjunctivitis		Until discharge from eyes has Ceased.
Giardiasis(Diarrhea)	Usually 1-3weeks longer; or Average 7-10 days.	Until diarrhea ceases.
Measles(Rube olla)	Approximately 10 days but varies 7-10 days and may be as long as 14 days until The rash appears.	Until at least 5 days from the appearance of rash, or until receipt of medical certificate Of recovery from infection.
Mumps	Usually 12-25 days commonly 18 days.	Exclusion from school, child care or workplace until nine Days after the onset of swelling.

		Until fully recovered.
Pediculosis (Head lice)		Until appropriate treatment Has commenced.
Hepatitis A	Usually 15-50 days; the Average 28-30 days.	Exclude from school or work for 1 week after the onset of illness or jaundice. Until receipt of a medical certificate of recovery from infection or on subsidence of infection.
Rubella(German measles)	Usually 16-18 days	Exclude from school for at least 5 days after onset of rash.
Shigellosis (Diarrhea)	From 12 hours-4 days Until diarrhea ceases	From 12 hours-4 days Until diarrhea ceases
Streptococcal infection including Scarlet fever	Usually 1-3 days Exclude from schools and	Usually 1-3 days Exclude from schools and
Tuberculosis	From infection to primary	From infection to primary
Typhoid fever & Para Typhoid fever	Usually 1-3	Usually 1-3